

2024 Great River Girls Conference

May 14, 2024 Braham High School Braham, MN

1.	Pine City	255.5
2.	Rush City	122
3.	Aitkin	78
4.	Braham	73
5.	East Central	71
6.	Hinckley-Finlayson	48.5
7.	Ogilvie	32
8.	Mille Lacs	7

Girls Wheelchair 100 Meters Finals

Athlete Yr Team Mark Wind

1 Ana Berry Mille Lacs 29.89a

Girls Wheelchair 200 Meters Finals

Athlete Yr Team Mark Wind

1 Ana Berry Mille Lacs 1:06.66a

Girls Wheelchair Shot Put Finals

Athlete Yr Team Mark

1 Ana Berry Mille Lacs 8-6.75

Girls Varsity 100 Meters Finals

Athlete Yr Team Mark Wind

- 1 Lena Roubinek Pine City 13.24a
- 2 Kendra Heintz Rush City 13.80a
- 3 Arianna Motta Ogilvie 14.11a
- 4 Kylie Hollon Pine City 14.20a
- 5 Violet Cox Hinckley-Finlayson 14.29a
- 6 Nevaeh Fix Braham 14.31a
- 7 Kennedy Stavig Rush City 14.42a
- 8 Pera Root Pine City 14.48a

Girls Varsity 100 Meters Prelims

Athlete Yr Team Mark Wind

- 1 Kendra Heintz Rush City 13.57a
- 4 Kylie Hollon Pine City 13.82a
- 2 Lena Roubinek Pine City 13.99a
- 3 Violet Cox Hinckley-Finlayson 14.16a
- 5 Arianna Motta Ogilvie 14.21a
- 7 Nevaeh Fix Braham 14.22a
- 6 Pera Root Pine City 14.27a
- 8 Kennedy Stavig Rush City 14.35a
- 9 Alexis Anderson East Central 14.38a
- 10 Madelyn Eklund Braham 14.86a
- 11 Kaelynn Gruhlke Aitkin 15.05a

- 12 Amira Newago East Central 15.14a
- 13 Adrienne Cormell Hinckley-Finlayson 15.21a
- 14 Grace Hunter Aitkin 15.22a
- 15 McKinleigh Ukutegbe Aitkin 15.43a
- 16 Paige Bowman East Central 15.48a
- 17 Grace Waknitz Braham 15.57a
- 18 Azabeth Berry Rush City 16.27a
- 19 Marisa Medina Diaz Hinckley-Finlayson 17.18a

Girls Varsity 200 Meters Finals

Athlete Yr Team Mark Wind

- 1 Mallory Clepper Pine City 27.93a
- 2 Alayna Heintz Rush City 29.07a
- 3 Bridget Golly Braham 29.47a
- 4 Miley Clark East Central 29.63a
- 5 Gracie Larson Pine City 29.93a
- 6 Lydia Bengtson Rush City 30.02a
- 7 Arianna Motta Ogilvie 30.09a
- 8 Violet Cox Hinckley-Finlayson 30.28a
- 9 Missy Hanson East Central 31.14a
- 10 Kylie Muchow Braham 31.21a
- 11 Heaven Bradshaw East Central 31.68a
- 12 Bella Henline Aitkin 32.10a
- 13 Brooke Lamke Aitkin 32.25a
- 14 Grace Waknitz Braham 33.85a
- 15 Lucille Hunter Aitkin 35.97a

Girls Varsity 400 Meters Finals

Athlete Yr Team Mark Wind

- 1 Vivian Lahti Pine City 1:03.59a
- 2 Peyton Liao Pine City 1:04.19a
- 3 Sophia Watrin East Central 1:07.22a
- 4 ZoeAnn Claseman Braham 1:08.37a
- 5 Miley Clark East Central 1:08.56a
- 6 Leah Stavig Rush City 1:09.37a
- 7 Finley Kunze Pine City 1:10.15a
- 8 Arabella Presley East Central 1:10.46a
- 9 Kaelynn Gruhlke Aitkin 1:13.08a
- 10 Alena Leonard Rush City 1:15.05a
- 11 McKinleigh Ukutegbe Aitkin 1:15.36a
- 12 Lola Searle Aitkin 1:20.38a
- 13 Azabeth Berry Rush City 1:21.22a
- 14 Makayla Carlson Braham 1:22.89a

Girls Varsity 800 Meters Finals

Athlete Yr Team Mark Wind

- 1 Allison Unverzagt Pine City 2:34.15a
- 2 Ava Johnson Braham 2:41.52a
- 3 Kira Hamilton Aitkin 2:43.03a
- 4 Avila Burch East Central 2:45.40a

- 5 Peyton Perreault Pine City 2:47.05a
- 6 Megan Widell Rush City 2:51.80a
- 7 Amelia Sauter Pine City 2:52.32a
- 8 Clara Niessen Rush City 2:55.60a
- 9 Rebecca Wiener East Central 2:59.28a
- 10 Emma Richter Hinckley-Finlayson 3:00.41a
- 11 Kaylee Doffing Ogilvie 3:04.63a
- 12 Mackenzie Perell Rush City 3:09.36a
- 13 Kylie Lorentz Mille Lacs 3:16.57a
- 14 Mallory Leitinger Aitkin 3:19.59a
- 15 Lauren Thom Hinckley-Finlayson 3:21.68a
- 16 Mylie Benson Aitkin 3:24.77a

Girls Varsity 1600 Meters Finals

Athlete Yr Team Mark Wind

- 1 Eva Johnson Pine City 5:29.57a
- 2 Haley Geiger Hinckley-Finlayson 5:45.17a
- 3 Rachel Brown Pine City 5:46.92a
- 4 Isabella Bennett Hinckley-Finlayson 5:51.33a
- 5 Emma Hermanson Pine City 6:05.04a
- 6 Kennadee Volk East Central 6:19.74a
- 7 Clara Niessen Rush City 6:28.97a
- 8 Ashley Asmus Aitkin 6:34.39a
- 9 Avery Shockman Braham 6:41.69a
- 10 Isabella Schisano Rush City 7:02.87a
- 11 Kaylee Doffing Ogilvie 7:17.70a
- 12 Lauren Thom Hinckley-Finlayson 7:44.63a

Girls Varsity 3200 Meters Finals

Athlete Yr Team Mark Wind

- 1 Eva Johnson Pine City 12:00.34a
- 2 Rachel Brown Pine City 13:00.81a
- 3 Ellie Patzoldt Pine City 13:50.62a
- 4 Molly Franke Aitkin 13:52.75a
- 5 Piper Anderson Braham 13:53.95a
- 6 Isabella Schisano Rush City 15:53.37a
- 7 Sequora Hahn Rush City 16:19.33a
- 8 Josie Kostick Aitkin 17:11.44a

Girls Varsity 100m Hurdles Finals

Athlete Yr Team Mark Wind

- 1 Tika May Aitkin 17.46a
- 2 Lydia Bengtson Rush City 17.60a
- 3 Brita Westman Aitkin 18.03a
- 4 Emily Blomdahl Braham 18.35a
- 5 Addison Blaiser Pine City 19.33a
- 6 Alayna Heintz Rush City 19.42a
- 7 Teresa Root Pine City 19.43a
- 8 Kyah Springer East Central 19.84a

Girls Varsity 100m Hurdles Prelims

Athlete Yr Team Mark Wind

- 1 Lydia Bengtson Rush City 17.46a
- 2 Tika May Aitkin 17.73a
- 3 Brita Westman Aitkin 17.94a
- 4 Emily Blomdahl Braham 18.64a
- 5 Teresa Root Pine City 18.87a
- 6 Addison Blaiser Pine City 19.31a
- 7 Alayna Heintz Rush City 19.85a
- 8 Kyah Springer East Central 20.12a
- 9 Ava Blowers Hinckley-Finlayson 20.21a
- 10 Taylor Daniels Aitkin 20.49a
- 11 Jenasis Moody Pine City 20.81a
- 12 Jaden Mishler Hinckley-Finlayson 21.22a
- 13 Jocelyn Fletcher Rush City 21.27a
- 14 Amira Newago East Central 21.71a

Girls Varsity 300m Hurdles Finals

Athlete Yr Team Mark Wind

- 1 Arissa Rydberg Pine City 48.19a
- 2 Tika May Aitkin 48.45a
- 3 Lydia Bengtson Rush City 54.89a
- 4 Emily Blomdahl Braham 55.30a
- 5 Addison Blaiser Pine City 57.29a
- 6 Rebecca Burgraff Ogilvie 57.58a
- 7 Jaden Mishler Hinckley-Finlayson 58.42a
- 8 Ava Blowers Hinckley-Finlayson 58.77a
- 9 Morgan Macho Pine City 59.59a
- 10 Bailey Parsons Ogilvie 59.63a
- 11 Jocelyn Fletcher Rush City 1:00.19a
- 12 Adrienne Cormell Hinckley-Finlayson 1:00.94a
- 13 Kyah Springer East Central 1:06.80a
- 14 Heidi Gregoire Rush City 1:07.31a

Girls Varsity 4x100m Relay Finals

Team Time

- 1 Pine City 52.46a
- 1) Katey Thieman 2) Gracie Larson
- 3) Mallory Clepper 4) Lena Roubinek
- 2 Aitkin 56.35a
- 1) Bella Henline 2) Tika May
- 3) Brita Westman 4) Ellory Grund
- 3 Braham 57.15a
- 1) Emily Davis 2) Bridget Golly
- 3) Madelyn Eklund 4) Nevaeh Fix
- 4 Rush City 58.27a
- 1) Alayna Heintz 2) Mikayla Ertz
- 3) Taya Brown 4) Kennedy Stavig
- 5 East Central 59.14a
- 1) Paige Bowman 2) Avila Burch
- 3) Heaven Bradshaw 4) Alexis Anderson

Girls Varsity 4x200m Relay Finals

Team Time

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- 1 Pine City 1:52.79a
- 1) Gracie Larson 2) Vivian Lahti
- 3) Mallory Clepper 4) Lena Roubinek
- 2 Braham 2:01.63a
- 1) Nevaeh Fix 2) Bridget Golly
- 3) Emily Davis 4) ZoeAnn Claseman
- 3 Aitkin 2:03.44a
- 1) Bella Henline 2) Emma Jacobson
- 3) Brooke Lamke 4) Ellory Grund
- 4 Ogilvie 2:05.05a
- 5 Rush City 2:07.05a
- 1) Taya Brown 2) Ella Janssen
- 3) Kiersten Schmidt 4) Kennedy Stavig
- 6 East Central 2:07.55a
- 1) Paige Bowman 2) Alexis Anderson
- 3) Missy Hanson 4) Heaven Bradshaw

Girls Varsity 4x400m Relay Finals

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Team Time

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- 1 Pine City 4:18.65a
- 1) Peyton Liao 2) Allison Unverzagt
- 3) Vivian Lahti 4) Arissa Rydberg
- 2 East Central 4:45.38a
- 1) Arabella Presley 2) Sophia Watrin
- 3) Miley Clark 4) Avila Burch
- 3 Braham 4:47.64a
- 1) Avery Shockman 2) Ava Johnson
- 3) Emily Blomdahl 4) ZoeAnn Claseman
- 4 Aitkin 4:54.21a
- 1) Allie Ostrowski 2) Kaelynn Gruhlke
- 3) McKinleigh Ukutegbe 4) Kira Hamilton
- 5 Hinckley-Finlayson 4:55.35a
- 1) Norah Ausmus 2) Jaden Mishler
- 3) Adrienne Cormell 4) Violet Cox
- 6 Rush City 4:55.76a
- 1) Leah Stavig 2) Alena Leonard
- 3) Kiersten Schmidt 4) Clara Niessen

Girls Varsity 4x800m Relay Finals

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Team Time

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- 1 Pine City 10:23.06a
- 1) Peyton Liao 2) Allison Unverzagt
- 3) Emma Hermanson 4) Arissa Rydberg
- 2 Hinckley-Finlayson 11:01.09a
- 1) Brooklyn Storlie 2) Isabella Bennett
- 3) Haley Geiger 4) Emma Richter
- 3 Aitkin 11:08.51a
- 1) Molly Franke 2) Ashley Asmus
- 3) Allie Ostrowski 4) Kira Hamilton
- 4 Braham 11:10.30a
- 1) Ava Johnson 2) Emily Davis
- 3) Avery Shockman 4) Piper Anderson

5 Rush City 12:25.71a

- 1) Kiersten Schmidt 2) Mackenzie Perell
- 3) Megan Widell 4) Leah Stavig

Girls Varsity Shot Put Finals

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Athlete Yr Team Mark

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- 1 Lena Roubinek Pine City 37-4.75
- 2 Gracie Hartl East Central 35-1
- 3 Ava Halvorson Ogilvie 30-1.50
- 4 Mikayla Ertz Rush City 29-2.50
- 5 Abby Aagaard Pine City 28-4.50
- 6 Myra Roubinek Pine City 27-10.75
- 7 Arianna Cash-Hemann Mille Lacs 27-5.50
- 8 Candace Lenzen Hinckley-Finlayson 27-4.50
- 9 Cheniah Anderson Rush City 24-0.50

Girls Varsity Shot Put Prelims

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Athlete Yr Team Mark

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- 1 Gracie Hartl East Central 35-1
- 2 Lena Roubinek Pine City 34-9.75
- 3 Ava Halvorson Ogilvie 30-1.50
- 4 Mikayla Ertz Rush City 29-2.50
- 5 Myra Roubinek Pine City 27-8
- 6 Arianna Cash-Hemann Mille Lacs 27-5.50
- 7 Candace Lenzen Hinckley-Finlayson 27-4.50
- 8 Abby Aagaard Pine City 27-2
- 9 Cheniah Anderson Rush City 24-0.50
- 10 Josie Kostick Aitkin 23-11.50
- 11 Lily Haugrud Rush City 23-0.25
- 12 Claire Johnsen East Central 22-8
- 13 Ivie Beutel Hinckley-Finlayson 22-7.50
- 14 Layne Nelson Mille Lacs 21-7.25
- 15 Cheyenne Mishler Hinckley-Finlayson 21-6
- 16 Bela May Aitkin 21-1.50
- 17 Elizabeth Morris Aitkin 20-3.75
- 18 Makayla Carlson Braham 18-7.50
- 19 Brooke Clennon East Central 18-2.25

Girls Varsity Discus Finals

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Athlete Yr Team Mark

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- 1 Ava Halvorson Ogilvie 110-8
- 2 Gracie Hartl East Central 96-4
- 3 Candace Lenzen Hinckley-Finlayson 85-7
- 4 Kadence McKellar Pine City 83-1
- 5 Mikayla Ertz Rush City 79-0
- 6 Lily Rootkie Pine City 76-10.50
- 7 Arianna Cash-Hemann Mille Lacs 74-1
- 8 Ash Eggersgluess Rush City 68-5.50
- 9 Layne Nelson Mille Lacs 68-3.50

Girls Varsity Discus Prelims

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Athlete Yr Team Mark

- 1 Ava Halvorson Ogilvie 110-8
- 2 Gracie Hartl East Central 96-4
- 3 Candace Lenzen Hinckley-Finlayson 85-7
- 4 Kadence McKellar Pine City 83-1
- 5 Lily Rootkie Pine City 76-10.50
- 6 Arianna Cash-Hemann Mille Lacs 74-1
- 7 Mikayla Ertz Rush City 70-8.50
- 8 Ash Eggersgluess Rush City 68-5.50
- 9 Layne Nelson Mille Lacs 68-3.50
- 10 Cheyenne Mishler Hinckley-Finlayson 68-0
- 11 Elizabeth Morris Aitkin 66-8.50
- 12 Ivie Beutel Hinckley-Finlayson 62-4.50
- 13 Abby Agaard Pine City 61-3.50
- 14 Cheniah Anderson Rush City 58-11
- 15 Brooke Clennon East Central 56-7
- 16 Josie Kostick Aitkin 54-4.50
- 17 Claire Johnsen East Central 50-2.50
- 18 Taylor Daniels Aitkin 39-7

Girls Varsity High Jump Finals

Athlete Yr Team Mark Wind

- 1 Teresa Root Pine City 4-10
- 2 Kendra Heintz Rush City 4-10
- 2 Kady Hermanson Pine City 4-10
- 4 Clara Niessen Rush City 4-8
- 5 Kira Hamilton Aitkin 4-4
- 6 Avery Shockman Braham 4-2
- 7 Finley Kunze Pine City 4-2
- 7 Emma Richter Hinckley-Finlayson 4-2
- 9 Ava Blowers Hinckley-Finlayson 4-2
- 10 Emily Blomdahl Braham 4-0
- 11 Adrienne Cormell Hinckley-Finlayson 3-10

Girls Varsity Pole Vault Finals

Athlete Yr Team Mark Wind

- 1 Kennadee Volk East Central 8-6
- 2 Katey Thieman Pine City 8-0
- 3 Gracie Larson Pine City 8-0
- 4 Arabella Presley East Central 7-6
- 5 Emily Davis Braham 7-6
- 6 Mikayla Ertz Rush City 7-0
- 7 Isabella Bennett Hinckley-Finlayson 7-0
- 8 Mallory Leitinger Aitkin 6-6
- 9 London Smook Aitkin 6-0
- 10 Tara Thomas Rush City 6-0
- 11 Kyah Springer East Central 6-0
- Allie Ostrowski Aitkin NH
- Makayla Carlson Braham NH

Girls Varsity Long Jump Finals

Athlete Yr Team Mark Wind

- 1 Kendra Heintz Rush City 16-0
- 2 Katey Thieman Pine City 14-8
- 3 Emma Jacobson Aitkin 14-7
- 4 Lydia Bengtson Rush City 14-3.50
- 5 Violet Cox Hinckley-Finlayson 14-3
- 6 ZoeAnn Claseman Braham 13-10.50
- 7 Lexie Rydberg Pine City 13-9
- 8 Alayna Heintz Rush City 13-8.50
- 9 Brita Westman Aitkin 13-5.50

Girls Varsity Long Jump Prelims

Athlete Yr Team Mark Wind

- 1 Kendra Heintz Rush City 16-0
- 2 Katey Thieman Pine City 14-8
- 3 Violet Cox Hinckley-Finlayson 14-3
- 4 Emma Jacobson Aitkin 14-1.50
- 5 Lydia Bengtson Rush City 14-0
- 6 ZoeAnn Claseman Braham 13-9.50
- 7 Lexie Rydberg Pine City 13-9
- 8 Alayna Heintz Rush City 13-8.50
- 9 Brita Westman Aitkin 13-3
- 10 Madelyn Eklund Braham 12-8.50
- 11 Jenasis Moody Pine City 12-6
- 11 Amira Newago East Central 12-6
- 13 Kylie Muchow Braham 12-5
- 14 Candace Lenzen Hinckley-Finlayson 11-9.50
- 15 Heaven Bradshaw East Central 11-5
- 16 Alyx Gerhart Aitkin 10-6.50

Girls Varsity Triple Jump Finals

Athlete Yr Team Mark Wind

- 1 Kendra Heintz Rush City 33-9
- 2 Peyton Liao Pine City 32-5.25
- 3 Katey Thieman Pine City 31-7.50
- 4 Emma Jacobson Aitkin 29-8
- 5 Lexie Rydberg Pine City 29-2
- 6 Leah Stavig Rush City 28-10.50
- 7 Bridget Golly Braham 28-9.50
- 8 Norah Ausmus Hinckley-Finlayson 28-8.25
- 9 Haley Geiger Hinckley-Finlayson 27-8

Girls Varsity Triple Jump Prelims

Athlete Yr Team Mark Wind

- 1 Kendra Heintz Rush City 33-3
- 2 Katey Thieman Pine City 31-7.50
- 3 Peyton Liao Pine City 29-9.25
- 4 Emma Jacobson Aitkin 29-8
- 5 Bridget Golly Braham 28-4.75
- 6 Lexie Rydberg Pine City 28-3.25
- 7 Leah Stavig Rush City 28-0
- 8 Haley Geiger Hinckley-Finlayson 27-4.50

9 Norah Ausmus Hinckley-Finlayson 27-3
10 Heidi Gregoire Rush City 23-6.25
11 Jaden Mishler Hinckley-Finlayson 22-5.50
12 Piper Anderson Braham 22-2.50
-- Alyx Gerhart Aitkin FOUL
-- Nevaeh Fix Braham FOUL